

MINISTRY OF SCIENCE AND HIGHER EDUCATION OF THE RUSSIAN FEDERATION

**Federal State Autonomous Educational Institution of Higher Education
«National Research Lobachevsky State University of Nizhny Novgorod»**

Институт клинической медицины

УТВЕРЖДЕНО

решением Ученого совета ННГУ

протокол № 10 от 02.12.2024 г.

Working programme of the discipline

Physical Training and Sports (Elective Course)

Higher education level

Specialist degree

Area of study / speciality

31.05.01 - General Medicine

Focus /specialization of the study programme

General Medicine

Mode of study

full-time

Nizhny Novgorod

Year of commencement of studies 2025

1. Место дисциплины в структуре ОПОП

Дисциплина Б1.В.1.09 Физическая культура и спорт (элективная дисциплина) относится к части, формируемой участниками образовательных отношений образовательной программы.

2. Планируемые результаты обучения по дисциплине, соотнесенные с планируемыми результатами освоения образовательной программы (компетенциями и индикаторами достижения компетенций)

Формируемые компетенции (код, содержание компетенции)	Планируемые результаты обучения по дисциплине (модулю), в соответствии с индикатором достижения компетенции		Наименование оценочного средства	
	Индикатор достижения компетенции (код, содержание индикатора)	Результаты обучения по дисциплине	Для текущего контроля успеваемости	Для промежуточной аттестации
УК-7: Способен поддерживать должный уровень физической подготовленности для обеспечения полноценной социальной и профессиональной деятельности	УК-7.1: Поддерживает должный уровень физической подготовленности для обеспечения полноценной социальной и профессиональной деятельности и соблюдает нормы здорового образа жизни. УК-7.2: Использует основы физической культуры для осознанного выбора здоровьесберегающих технологий с учетом внутренних и внешних условий реализации конкретной профессиональной деятельности.	УК-7.1: <i>Maintains an adequate level of physical fitness to ensure full-fledged social and professional activities and adheres to the norms of a healthy lifestyle.</i> УК-7.2: <i>Uses the basics of physical culture to make an informed choice of health-saving technologies, taking into account the internal and external conditions of a particular professional activity.</i>	Практическое задание Тест	Зачёт: Практическое задание Реферат

3. Структура и содержание дисциплины

3.1 Трудоемкость дисциплины

	очная
Общая трудоемкость, з.е.	0
Часов по учебному плану	328
в том числе	
аудиторные занятия (контактная работа):	
- занятия лекционного типа	0
- занятия семинарского типа (практические занятия / лабораторные работы)	256
- КСР	4
самостоятельная работа	68

Промежуточная аттестация	0 Зачёт
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3.2. Содержание дисциплины

(структурированное по темам (разделам) с указанием отведенного на них количества академических часов и виды учебных занятий)

Наименование разделов и тем дисциплины	Всего (часы)	в том числе			
		Контактная работа (работа во взаимодействии с преподавателем), часы из них			Самостоятельная работа обучающегося, часы
		Занятия лекционного типа	Занятия семинарского типа (практические занятия/ лабора- торные работы), часы	Всего	
	0 Ф 0	0 Ф 0	0 Ф 0	0 Ф 0	0 Ф 0
1. Physical fitness level monitoring and self-assessment	81		64	64	17
2. General physical fitness in sports	81		64	64	17
3. Special physical training in the form of sports	81		64	64	17
4. Equipment and technical equipment of the student in the sport	81		64	64	17
Аттестация	0				
КСР	4			4	
Итого	328	0	256	260	68

Contents of sections and topics of the discipline

Учебный процесс в группах студентов направлен на укрепление здоровья, закаливания организма и повышение уровня физической работоспособности студентов, устранение функциональных отклонений и недостатков в физическом развитии, ликвидацию остаточных явлений после заболеваний, на профессионально- прикладную физическую подготовку. Студенты овладевают знаниями, умениями, и навыками для самостоятельного проведения утренней гимнастики, комплекса упражнений в режиме дня Прием нормативов физической подготовленности осуществляется с обязательным учетом противопоказаний в состоянии здоровья в текущий момент времени.

4. Учебно-методическое обеспечение самостоятельной работы обучающихся

Самостоятельная работа обучающихся включает в себя подготовку к контрольным вопросам и заданиям для текущего контроля и промежуточной аттестации по итогам освоения дисциплины приведенным в п. 5.

The students' independent work is aimed at independently studying individual topics of the work program.

To ensure the independent work of students, an electronic course created in the UNN e-learning system is used - [https://e-learning.unn.ru /](https://e-learning.unn.ru/), and/or in the system of open online courses - MOE - [https://mooc.unn.ru /](https://mooc.unn.ru/), special textbooks and teaching aids, and other educational literature.

4.1. Methodological recommendations for the preparation of the abstract

According to the program on the discipline "Physical Culture and Sport (elective discipline)", students assigned to special medical group B for health reasons, studying full-time and part-time at the end of the semester, submit an abstract. An abstract is one of the types of students' academic work. In Latin, the word "abstract" means a brief written statement of the essence of a problem.

An abstract is not only an analysis, but also a reasoned statement of one's own point of view on the problem under consideration. Writing an essay is an independent creative research of the student, involving in-depth mastery of theoretical material on physical culture.

General design requirements

When designing the text of the abstract, it should be borne in mind that the work opens with the title page. The title page of the abstract is included in the general numbering, but the page number is not indicated on it. On the next page, which is numbered 2 at the top, there is a table of contents with the exact title of each chapter and the indication of the initial pages. The total volume of the abstract should not exceed 15-20 pages of the printed version, but should not be less than 12 pages. When printing the text of the abstract, the paragraph should be equal to four characters (1.25 cm). Page margins: left - 3 cm, right - 2 cm, bottom - 2 cm, top - 2 cm. The text is printed in 1.5 intervals. The text of the abstract is typed in the Microsoft Word text editor. It is recommended to use the Times New Roman font, the font size is 14 pt. Each structural part of the abstract (introduction, main part, conclusion, etc.) begins with a new page. The distance between the chapter and the text following it, as well as between the chapter and the paragraph, is 2 intervals. There is no dot after the title located in the middle of the line. Underscores of the title and hyphenation in words are not allowed. The pages of the abstract are numbered in ascending order. The page numbers are placed at the top in the middle of the sheet.

All sheets of work are stapled together with a binder. The unbound text of the work is not accepted for verification and protection.

Writing an essay

When starting to write an essay, the student must first solve the following tasks:

- Comprehend your chosen topic;
- select and study the literature on the topic (at least three sources);
- substantiate the relevance of the problem under consideration;
- formulate the subject and object of research.

The form of the abstract should facilitate a clear and accessible presentation of the main idea when revealing the chosen topic. The abstract should contain an introduction with justification of the topic and specific tasks of the work, a review of the literature on the topic, the results of his own research (if any), conclusions and a list of references.

The order of writing and design of the abstract

The writing of the abstract is carried out in stages.

Stages of work:

1. Familiarization with the subject of the essays.
2. Choosing a topic and drawing up a work plan.

3. Selection of literary sources, compilation of a bibliographic list.
4. Work on the outline and drafting of the manuscript.
5. Collecting factual material in the process of studying literary sources.
6. Writing, editing, and formatting.
7. Careful verification of citations, references, given names, initials, etc.
8. Creation of a finishing version.
9. Presentation of the work to the teacher and preparation for the defense.

Choosing a theme

When choosing a topic on their own (see the work program), the student takes into account their interests, abilities, and level of preparation for the upcoming work. A well-chosen topic is characterized not by the number of questions asked, but by the thoroughness and depth of their development.

The student can propose an essay on his own topic, but after coordinating it with his teacher.

Working with literature

After choosing a topic and drawing up a plan for writing an abstract, the main thing becomes the selection of literature on the chosen topic (at least three sources). Direct and indirect data are being studied,

related topics. The literature review analyzes, comprehends, compares and evaluates the provisions set forth in the studied sources. It is necessary to provide accurate references to sources. It is unacceptable to express other people's thoughts without referring to the author.

The main attention should be paid to the study of the most important fundamental works, in particular the latest ones. The main ideas and positions of the author are summarized, the most valuable are written out in the form of quotations. When writing an abstract, it is recommended to adhere to the basic questions given for each topic and use the recommended literature.

Structure and content of the abstract

The volume of the abstract is determined by its content and is 12-17 pages (without additional material).

Name of the abstract elements number of pages

1. Title page 1
2. Table of Contents 1
3. Introduction 1-2
4. Main part (content of the considered issues of the plan) 7-10
5. Conclusion 1-2
6. References, at least three sources 1
7. Appendix (additional materials) 3-5

The abstract is opened with a title page, on which it is necessary to indicate: a) the name of the educational institution, faculty and department;

b) the name of the topic of the abstract;

c) last name, first name, patronymic of the author of the abstract; d) faculty, course, group;

e) last name, first name, patronymic, academic degree, title of scientific supervisor. f) the year of submission of the work.

In the table of contents, all the headings of the abstract are listed and the pages from which they begin are indicated.

The introduction is the introductory part of the abstract. Here, the need to address the chosen topic is usually explained, and the object of study is characterized. In this part, you also have the opportunity

to briefly formulate the purpose and specific objectives of your research, to reveal your working methods. The introduction should take from 5 to 15% of the total volume of the abstract!

The main part includes the main content of your essay, it is fully devoted to the disclosure of the central theme. It contains everything that you have been able to study and analyze on the issue under study.

The main part may consist of several questions of the plan. Each new thought is framed in a separate paragraph; that's exactly what the red line is for. Any part of your work should contain verified factual material.

The main part of the work, as a rule, is not less than 70% of the total volume!

The conclusion contains the final, systematized conclusions that you have come to as a result of studying your chosen topic, and possible prospects for further study of the problem.

The list of used literature is a numbered list of sources arranged alphabetically, for each of which it is necessary to indicate: the authors or compilers, the name of the source used, the name of the publisher, the year of publication (GOST 2008 of the design of the literature.).

Appendices are small-volume auxiliary or reference material that is directly related to the execution of the abstract. These can be diagrams, advertising posters, tables, or a glossary of terms used. The appendices themselves are given on separate sheets, on each of which they write "Appendix 1", "Appendix 2" and so on in the upper right corner.

The numbering of the application sheets is a continuation of the general numbering of the main text. The text of the abstract itself contains a reference to this material.

The text of the abstract should contain all the headings specified in the content (plan) of the work. The page numbers of all headings in the content and in the text must match. Abbreviations of words and phrases are not allowed, except for generally accepted or pre-defined works in the dictionary. There should be links to each drawing or table in the text of the work.

The order of protection of the abstract

The student is given time (10 minutes) to present the content of the paper. In the course of the content, the student can use abstracts or a written report. Presentation during the

The defense should be clear and concise; contain the main areas of work; highlight the conclusions and results of the study. During the defense, the student must demonstrate mastery of the presented material, the ability to answer questions and comments on the topic.

The abstract is evaluated by the teacher with a grade of "credited" or "not credited". If the abstract is written unsatisfactorily, you rework what you have written or do the work again in consultation with the teacher.

A student who has not defended his thesis is not certified.

Approximate plans for writing essays

UK-7: Subject:Independent physical education classes for students.

Plan

1. Education of students in the habit of systematically engaging in exercises.
2. The role of independent studies in solving the problems of physical education of students.
3. Types of independent physical education classes for students.
4. Selection of physical exercises for self-study.
5. Self-study guidance.

CC-3: Topic: Fundamentals of health-improving physical culture (sport).

Plan

1. General characteristics of recreational physical culture (wellness orientation as the most important principle of the physical education system).
2. The substantial foundations of health-improving physical culture.

4.2. Methodological recommendations

for the preparation of a set of general development exercises

General development exercises (hereinafter referred to as ORU) are called technically accessible movements of the body and its parts, performed with the aim of improving health, fostering physical qualities, as well as sports warm-up.

5. Assessment tools for ongoing monitoring of learning progress and interim certification in the discipline (module)

5.1 Model assignments required for assessment of learning outcomes during the ongoing monitoring of learning progress with the criteria for their assessment:

5.1.1 Model assignments (assessment tool - Practical task) to assess the development of the competency YK-7:

Typical tasks for the current academic performance monitoring (special medical group A-full-time education)

Task 1. To develop a set of 12-15 general development exercises of relaxation gymnastics.*

Task 2. To develop a set of 10-12 exercises "Physical education break" during the school day.*

Assessment criteria (assessment tool — Practical task)

Grade	Assessment criteria
pass	the complex is compiled methodically correctly; knowledge and understanding of the basics of physical culture, techniques of performing basic physical exercises are traced.
fail	lack of knowledge and skills in developing a set of exercises.

5.1.2 Model assignments (assessment tool - Test) to assess the development of the competency YK-7:

1.
The concept of "low physical activity" (physical inactivity) includes:* 1) giving up sports 2) classes in health groups 3) sedentary activity for more than 50% of the time
2. The names of
the ski runs (alternate or simultaneous) are given by work: *1) legs 2) torsos 3) hands 4) arbitrary

3. The fastest type of ski running technique?* 1) skate course 2) Simultaneous stepless running 3) Simultaneous one-step move 4) alternating two-step stroke

4. The likelihood of injury during exercise is reduced if students...* 1) overestimate their capabilities, 2) follow the teacher's instructions, 3) possess the skills of performing movements, 4) they don't know how to control their emotions.

5. Cyclical sports mainly develop physical qualities:* 1) speed 2) strength 3) Endurance

6. Elements of a healthy lifestyle: *1) rational nutrition 2) lack of bad habits 3) physical education classes 4) all of the above is true

7. The length of the marathon distance: *1) 37 km 100 m 2) 42 km 195 m 3) 50 km 170 m 4) 54 km 230 m

8. What is the optimal temperature for running a marathon?* 1) 14-16S 2) 18-20C 3) 20-22C 4) 23-25C

9. What should be the duration of walking in order to achieve a health-improving effect?

* 1) at least 30 minutes 2) more than 5 hours 3) no more than 10 minutes 4) no more than 30 minutes

10. List the main exercises for developing the muscles of the trunk (back and abdominal): *1) lifting the upper body in a supine position+ 2) lifting the legs and pelvis while lying on your back+ 3) jumping 4) pull-up in the vise on the crossbar

11. What percentage of the total body is the muscle mass of the average healthy person?

* 1) up to 40%; 2) about 50%; 3) 20%; 4) over 70%.

Assessment criteria (assessment tool — Test)

Grade	Assessment criteria
pass	at least 70% of the correct answers.
fail	69% or less correct answers.

5.2. Description of scales for assessing learning outcomes in the discipline during interim certification

Шкала оценивания сформированности компетенций

Уровень сформированности компетенций (индикатор достижения компет	плохо	неудовлетворительно	удовлетворительно	хорошо	очень хорошо	отлично	превосходно
	не зачтено		зачтено				

енций)							
<u>Знания</u>	Отсутствие знаний теоретического материала. Невозможность оценить полноту знаний вследствие отказа обучающегося от ответа	Уровень знаний ниже минимальных требований. Имели место грубые ошибки	Минимально допустимый уровень знаний. Допущено много негрубых ошибок	Уровень знаний в объеме, соответствующем программе подготовки. Допущено несколько негрубых ошибок	Уровень знаний в объеме, соответствующем программе подготовки. Допущено несколько несущественных ошибок	Уровень знаний в объеме, соответствующем программе подготовки. Ошибок нет.	Уровень знаний в объеме, превышающем программу подготовки.
<u>Умения</u>	Отсутствие минимальных умений. Невозможность оценить наличие умений вследствие отказа обучающегося от ответа	При решении стандартных задач не продемонстрированы основные умения. Имели место грубые ошибки	Продemonстрированы основные умения. Решены типовые задачи с негрубыми ошибками. Выполнены все задания, но не в полном объеме	Продemonстрированы все основные умения. Решены все основные задачи с негрубыми ошибками. Выполнены все задания в полном объеме, но некоторые с недочетами	Продemonстрированы все основные умения. Решены все основные задачи. Выполнены все задания в полном объеме, но некоторые с недочетами.	Продemonстрированы все основные умения. Решены все основные задачи с отдельными и несущественными недочетами, выполнены все задания в полном объеме	Продemonстрированы все основные умения. Решены все основные задачи. Выполнены все задания, в полном объеме без недочетов
<u>Навыки</u>	Отсутствие базовых навыков. Невозможность оценить наличие навыков вследствие отказа обучающегося от ответа	При решении стандартных задач не продемонстрированы базовые навыки. Имели место грубые ошибки	Имеется минимальный набор навыков для решения стандартных задач с некоторыми недочетами	Продemonстрированы базовые навыки при решении стандартных задач с некоторыми недочетами	Продemonстрированы базовые навыки при решении стандартных задач без ошибок и недочетов	Продemonстрированы навыки при решении нестандартных задач без ошибок и недочетов	Продemonстрирован творческий подход к решению нестандартных задач

Scale of assessment for interim certification

Grade		Assessment criteria
pass	outstanding	All the competencies (parts of competencies) to be developed within the discipline have been developed at a level no lower than "outstanding", the knowledge and skills for the relevant competencies have been demonstrated at a level higher than the one set out in the programme.
	excellent	All the competencies (parts of competencies) to be developed within the discipline have been developed at a level no lower than "excellent",
	very good	All the competencies (parts of competencies) to be developed within the discipline have been developed at a level no lower than "very good",
	good	All the competencies (parts of competencies) to be developed within the discipline have been developed at a level no lower than "good",
	satisfactory	All the competencies (parts of competencies) to be developed within the discipline have

		been developed at a level no lower than "satisfactory", with at least one competency developed at the "satisfactory" level.
fail	unsatisfactory	At least one competency has been developed at the "unsatisfactory" level.
	poor	At least one competency has been developed at the "poor" level.

5.3 Model control assignments or other materials required to assess learning outcomes during the interim certification with the criteria for their assessment:

5.3.1 Model assignments (assessment tool - Practical task) to assess the development of the competency YK-7

***Standards -1 semesters Shuttle run – 3x10 (B – 9.00s); 3x10 (G – 10.00s) Lifting the torso from the lying position on the girl 's back – 25 times Pull-ups on the crossbar - boys – 6 times Flexion, extension of the arms in the leg – girl position – 16 times Badminton: passing in pairs – 30 passes (boys and girls) Throwing a ball into a basketball hoop – 2 hits out of 10 attempts (boys and girls) Volleyball: 16 of any passes in a pair (boys and girls)

***Standards - 2 semesters Cross-country skiing - 3 km – boys -15.50 Cross-country skiing - 2 km girls -13.30 Running: 100m – boys – 14.8sec; girls – 18.0 sec Running: 3000m – boys 13.00s Running: 2000m – girls 12.10s Lifting the torso from the supine position – girls – 30 times Pull-ups on the crossbar - boys – 8 times Flexion, extension of the arms in the leg – girl position – 18 times Lifting the legs to the crossbar in the vise - boys - 8 times Badminton: passing in pairs – 35 passes (boys and girls) Throwing a ball into a basketball hoop - 3 hits out of 10 attempts (boys and girls) Volleyball: 18 pairs of any kind (boys and girls)

***Standards - 3 semesters Shuttle run – 3x10 (yun -8.2 sec); 3x10 (dev -9.7 sec) Lifting the torso from the supine position – girls – 30 times Pull-ups on the crossbar - boys – 8 times Flexion, extension of the arms in the leg – girl position – 20 times Badminton: pairs program – 40 programs (boys and girls) Throwing a ball into a basketball hoop – 3 hits out of 10 attempts (boys and girls) Volleyball: 20 any passes in a pair (boys and girls) Lifting legs to the crossbar in the vise - boys - 10 times Standards – 4th semester Lifting the torso from the supine position – girls – 35 times Pull-ups on the crossbar - boys – 10 times Flexion, extension of the arms in the leg – girl position – 20 times Lifting the legs to the crossbar in the vise - boys- 12 Badminton: passing in pairs – 50 passes (boys and girls) Throwing a ball into a basketball hoop -4 hits out of 10 attempts (boys and girls) Volleyball: 24 of any passes in a pair (boys and girls) Cross-country skiing - 3 km – boys -15.40 Cross-country skiing - 2 km - girls - 13.20

Running: 100m – boys – 13.0 s; girls – 16.4 s Running: 3000m – boys 12.50s Running: 2000m – girls 12.00s

Standard assignments for intermediate academic performance monitoring (special medical group A- full-time education) Task 1. Make a set of 12-15 health-improving physical exercises that are possible for your disease. Task 2. To develop a set of 12-15 exercises to develop a certain physical quality (strength, endurance, agility, speed, flexibility).

Assessment criteria (assessment tool — Practical task)

Grade	Assessment criteria
pass	five completed control standards. The student actively worked in practical classes. The complex is compiled methodically correctly; knowledge and understanding of the basics of physical culture, techniques of performing basic physical exercises are traced.
fail	less than five completed control standards. The student was absent from most of the practical classes. Lack of knowledge and skills in developing a set of exercises.

5.3.2 Model assignments (assessment tool - Abstract) to assess the development of the competency UK-7

1. The development of human motor abilities through the use of various sports (a type of sport...). **
2. Physical self-education and self-improvement as a component of a healthy lifestyle. Wellness running, its main types. **
3. Features of recreational skiing. **
4. Independent physical education classes for students. **
5. Characteristics of the main forms of health-improving physical culture **
6. Physical exercises are the main means of physical culture. **
7. Classification of physical exercises. ***

Assessment criteria (assessment tool — Abstract)

Grade	Assessment criteria
pass	The abstract paper fully reveals the main issues of the theoretical material. The student provides information from primary sources and periodicals, provides practical examples, and answers additional questions from the teacher and students (in the report).
fail	The abstract does not disclose the main issues of the theoretical material. The student cannot give answers to the questions asked.

6. Учебно-методическое и информационное обеспечение дисциплины (модуля)

Основная литература:

1. Полозов Леонид Николаевич. Самостоятельная подготовка к выполнению контрольных

- упражнений общей физической подготовки : учебно-методическое пособие / Л. Н. Полозов, С. Л. Полозова, А. Н. Кутасин ; ННГУ им. Н. И. Лобачевского. - Нижний Новгород : Изд-во ННГУ, 2021. - 45 с. - Текст : электронный., <https://e-lib.unn.ru/MegaPro/UserEntry?Action=FindDocs&ids=793984&idb=0>.
2. Курс лекций по физической культуре: основные понятия и термины : учебно-методическое пособие / Л. В. Акулина, М. А. Беляева, Г. А. Котлова [и др.] ; ННГУ им. Н. И. Лобачевского. - Нижний Новгород : Изд-во ННГУ, 2019. - 73 с. - Текст : электронный., <https://e-lib.unn.ru/MegaPro/UserEntry?Action=FindDocs&ids=795111&idb=0>.
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2. Основные положения адаптивной физической культуры : учебно-методическое пособие / А. С. Самыличев, Ю. А. Бахарев, А. М. Морозов [и др.]. — Нижний Новгород : ННГУ им. Н. И. Лобачевского, 2022. — 88 с. — Текст : электронный // Лань : электронно-библиотечная система. — URL: <https://e.lanbook.com/book/283157> (дата обращения: 25.05.2023). — Режим доступа: <http://www.fks.unn.ru/wp-content/uploads/sites/13/2022/04/Uchebno-metod.-posobie-Osnovy-AFK.pdf>
3. Бахарев Ю.А. Адаптивная двигательная рекреация: учебное пособие : [по направлению подготовки 49.03.02 "Физическая культура для лиц с отклонениями в состоянии здоровья

(адаптивная физическая культура)"] / Ю. А. Бахарев, М. В. Курникова, В. А. Оринчук ; М-во образования и науки Рос. Федерации, Нац. исслед. Нижегород. гос. ун-т им. Н. И. Лобачевского. - Нижний Новгород : Издательство Нижегородского госуниверситета, 2017. - 119 с. : ил. ; 21 см. - Библиогр.: с. 105. — Режим доступа: <http://www.fks.unn.ru/wp-content/uploads/sites/13/2022/04/Uchebno-metod.-posobie-Osnovy-AFK.pdf>

7. Материально-техническое обеспечение дисциплины (модуля)

Учебные аудитории для проведения учебных занятий, предусмотренных образовательной

программой, оснащены мультимедийным оборудованием (проектор, экран), техническими средствами обучения, специализированным оборудованием: Помещения представляют собой учебные аудитории для проведения учебных занятий, предусмотренных программой, оснащенные оборудованием и техническими средствами обучения: лекционная аудитория, мультимедиа-проектор, компьютер, комплект методических материалов; большой спортивный зал 12х24м; малый спортивный зал 9х18 м; лыжная база; тренажерный зал. Специальное оборудование: скакалки, обручи, коврики, гантели, мячи, лыжи, тренажеры, инвентарь для спортивных игр. Помещения для самостоятельной работы обучающихся оснащены компьютерной техникой с возможностью подключения к сети «Интернет» и обеспечены доступом в электронную информационно-образовательную среду.

Помещения для самостоятельной работы обучающихся оснащены компьютерной техникой с возможностью подключения к сети "Интернет" и обеспечены доступом в электронную информационно-образовательную среду.

Программа составлена в соответствии с требованиями ФГОС ВО по направлению подготовки/специальности 31.05.01 - General Medicine.

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